

# Year 5 and 6: Relationships

## Subject Specific Vocabulary

<b>Sexual relationship</b>	A connectedness between 2 people, especially an emotional connection.
<b>Positive body image</b>	A person who feels comfortable and happy in their body.
<b>Puberty</b>	A time when adolescents go through change and become capable of reproduction.
<b>Contraception</b>	The use of artificial methods to prevent pregnancy
<b>Gender identity</b>	A person's idea of being a boy or girl, which may or may not be the same as when they were born.
<b>Sexual orientation</b>	Being attracted to a person of the opposite sex/gender, the same sex/gender or to both sexes or more than one gender.
<b>Conception</b>	The action of conceiving a child.
<b>Pregnancy</b>	The condition of a lady, being pregnant, having a baby.
<b>Birth</b>	Having a baby, or other young from the body of its mother.
<b>Egg</b>	A female reproductive cell, also in animals and plants.
<b>Embryo</b>	An unborn baby in the process of development.
<b>Foetus</b>	An unborn baby, more than 8 weeks after conception.
<b>Sperm</b>	A male cell, which combines with the female egg to lead to conception.
<b>Uterus (womb)</b>	An organ in the lower part of a woman, where babies are conceived and grow before birth.

What will change as we become more independent? How do friendships change as we grow?



What I will learn by the end of this topic:

- How puberty relates to growing from childhood to adulthood
- About the reproductive organs and process - how babies are conceived and born and how they need to be cared for
- That there are ways to prevent a baby being made
- How growing up and becoming more independent comes with increased opportunities and responsibilities
- How friendships may change as they grow and how to manage this
- how to manage change, including moving to secondary school; how to ask for support or where to seek further information and advice regarding growing up and changing



## Linking Books



## Previous Learning

- I'm aware that people's behaviour can affect myself and others
- I understand how to be respectful in different situations and why
- I know how to respond to inappropriate behaviour and to report concerns
- I know the different parts of the female and male body